

BODY *safety* RULES

My body **is my body** and it **belongs to me!** I can say, 'No!' if I don't want to hug or kiss someone. I am the boss of my body and **what I say goes!**



Our **private parts** are those covered by our swimsuit and includes our mouth.



We always **use the correct names** for our private parts. They are not funny or weird, everyone has them!



No one can touch my private parts and no one can ask me to touch theirs.



In this family **we never keep secrets.** Especially about our body parts.



I know **three people I can talk** to if I ever feel scared or nervous - especially about body safety. If someone breaks the rules **I always tell someone who can help me.** Even if I was too scared, its never too late to tell, and **I won't ever be in trouble.**

